

Progress Energy offers energy savings presentations in your community

Progress Energy Florida understands rising costs are a concern to customers, especially during these challenging economic times. To help customers use energy wisely and reduce monthly electric bills, Progress Energy is encouraging neighborhoods to schedule a free presentation for your community with one of our energy efficiency advisors.

The presentation includes information about the following energy- and money-savings programs:

Free Home Energy Check:

- Comprehensive, in-home energy evaluation
- Provides customized energy- and money-saving recommendations
 - Easy, no-cost lifestyle changes
 - Low-cost upgrades
 - Home energy improvements

Rebates and Incentives for:

- Air duct leakage testing and repair
- Attic and wall insulation
- Energy-efficient air conditioning with heat pump
- Reflective roofing products
- High-efficiency windows, window film and screening

EnergyWiseSM

- Participants can save over \$145 annually
- Free program
- Automatically pays you to temporarily reduce energy consumption in the event of an usually high power demand

During the presentation, you will gain practical advice, tips and information about programs that can result in significant savings on your monthly bill. For example, customers who have completed a Home Energy Check and have done the following in their homes: heat pump upgrade, duct seal, attic insulation and window tinting (all of which may also qualify for Progress Energy rebates) – have saved \$256 per year on their electric bills. And, signing up for Energy Wise can result in an additional \$145 in customers' pockets, making the total savings opportunity more than \$400 per year.

To schedule a free presentation in your community, call 877-364-9003.

COLD WEATHER TIPS

When wintry weather grips the sunshine state, many customers are quick to turn up the heat. In fact, Floridians tend to use the most electricity when it's cold outside. Progress Energy recommends customers consider the following tips to save energy while staying warm:

- Change your thermostat from 74 to 70F in winter and save \$37. However, to maximize your energy savings, set your thermostat at 68 to 70F during the day and 60 to 65F at night. Every degree under 70F saves 10 percent on the heating portion of your electric bill.
- Portable heaters are great for spot heating, but don't overdo it. Running a 1,500-watt resistance heater 24/7 costs \$149 a month.
- Test your home air conditioning system for duct leakage. It is estimated that heating and cooling costs can be reduced as much as one-third by sealing leaky ducts. Estimated annual savings on a home with sealed ducts: \$280
- Everyone likes a hot shower, but make sure your water heater temperature is set at 120 degrees. Water set at 120 degrees will cost you about \$242 per year versus water set at 140 degrees which can cost \$327 per year. Save \$85 and spend \$0! Also consider installing low-flow shower heads to save water and electricity.
- Our simplest tip for the winter? Reduce your thermostat when you leave home.

LOOKING AT POWER IN A NEW LIGHT

