

The cold isn't over yet. Use these tips to help manage your heating costs:



### **Adjust your thermostat.**

Keep your thermostat at the lowest comfortable setting. We recommend 68 to 70 during the day and 60 to 65 at night.



### **Keep filters clean.**

Check filters at least monthly and clean or change them as needed. Dirty filters can increase operating costs and damage equipment.



### **Cover windows.**

Use insulated or heavy curtains on north-facing windows. Keep curtains closed at night.



### **Seal air leaks.**

Caulk any space around windows and other places where air leaks to prevent cold drafts and heat escape.



### **Switch to an equal payment plan.**

Avoid the ups and downs of seasonal bills by signing up for our free plan.

Find more tips and bill-management tools at [duke-energy.com/winterhelp](http://duke-energy.com/winterhelp)

# Need help managing winter bills?

Record cold is causing higher-than-usual bills.

Here's how we can help.

This winter's unusually low temperatures can mean unusually high energy bills. That's because extreme cold forces your heating system to work harder, requiring more energy than usual to maintain the same indoor temperature.

We can help. We offer a variety of programs, expert energy-saving tips and other assistance to help you manage your usage and your bill. You'll find a few examples in this insert. For more help, please visit us at [duke-energy.com/winterhelp](http://duke-energy.com/winterhelp).

You can save energy and money with our variety of programs. For example:

**Join EnergyWise® Home.** Save money every year plus help the environment with this free program. You'll help to delay the need for new power plants while earning credits on your bill. Plus, it's so easy, most participants say they forget they're on the program.

**Ready to make some energy-saving home improvements?** We can help you pay for qualified home improvements that will lower your bill and increase your year-round comfort.

**Get a free home energy report.** How does your home use energy and what are the best ways to save? Find out. Simply ask us for a free Customized Home Energy Report. You'll learn easy ways to save throughout your home in every kind of weather.

**Save up to \$100 a year.** Do you have a spare fridge or freezer in your garage? Getting rid of it could save you up to \$100 a year in energy costs – plus we'll give you \$50 and remove your old appliance for free.

Find more programs on our website:  
**[duke-energy.com/winterhelp](http://duke-energy.com/winterhelp)**